



MCC SPORTS, INC.
proudly presents

**Mindy McCord's
School of Lacrosse
at
JACKSONVILLE
UNIVERSITY**



2011 SUMMER CAMPS

**TEAM ONLY SESSION
JULY 22-24**

JACKSONVILLE UNIVERSITY

**INDIVIDUAL SESSION
JULY 27-30**

JACKSONVILLE UNIVERSITY



**REGISTER ONLINE
www.JULacrosse.com**

Email Us! Camps@JULacrosse.com

MCC Sports, INC.
2220 CR 210 WEST
SUITE #108
PMB #301
SAINT JOHNS, FL 32259



**HEAD COACH
MINDY MCCORD**



Mindy McCord, Head Coach at JU has helped thousands of girls over the past 15 years develop their games. As *Director of Lacrosse* at Jacksonville University, McCord helped to attract top notch DI lacrosse programs for men and women. *JU is the only DI school featuring both men's and women's lacrosse in Florida.* Coach McCord has led championship teams in two NCAA sports (lacrosse & field hockey), served as a selector for the *U.S. National Team*, and has been chairperson for the *North-South Senior Collegiate All-Star game.* Over the past two years, Coach McCord has developed her own game, putting together cutting edge curriculum that has set the south on fire with lacrosse energy. She founded MCC Sports, a lacrosse development company, and partnered with deBeer Lacrosse to bring the game to more kids than ever before in the South. She is known for being a positive leader and teacher of the game.



**FIRST ASSISTANT COACH
ADAM NORTON**

Adam Norton is one of the best and most fun to learn from coaches in the nation. His infectious enthusiasm and energy always brings out the best in his players at camp. Adam has been a fixture at more than four JU Lacrosse camps since 2009. He also was a featured clinician at the 2011 US Lacrosse convention where his presentation received rave reviews. He is one of the most talented teachers of the modern game and one of the brightest minds in the sport.

**GRAD ASSISTANT COACH
JEN HEUP**



Before coming to JU, Heup found herself between the pipes in the Division I Senior All-Star Game shortly before being named the Most Valuable Player. During her senior season, Heup lead her Louisville team to its first ever BIG EAST Tournament appearance after leading the league in save percentage and saves made. Prior to her career at Louisville, Heup played two seasons at Ohio University before the program was discontinued. As a sophomore, she was named the American Lacrosse Conference "Goalie of the Year" and ranked 13th in the nation in save percentage.

ADDITIONAL CAMP STAFF

Quality head coaching staff comprised of DI, DII, and DIII Coaches, with experience ranging from college to international play. Campers will also have the opportunity to be coached by and interact with current dolphin players, dolphin Assistant Coaches, and Head Coach Mindy McCord.

Previous camp staff from: Loyola, Johns Hopkins, Virginia Tech, Louisville, Brown, Navy, Rollin, Detroit Mercy, Robert Morris, Pfeiffer, Hamilton, Notre Dame (OH), Converse, Agnes Scott, Birmingham Southern, SCAD, and many more! You can count on great teachers from top college programs at JU Lacrosse camps. We also have had members of Team USA and Team Canada headline our camp staff in addition to top-level current Division I players who serve as our camp counselors.

LOCATION AND FACILITIES

Jacksonville University's pristine turf grass fields are excellent for year-round play. JU is located on the St. Johns River and just 15 minutes from the beach. Campers will be housed in campus dormitories and all meals will be at Jacksonville University. The campus is accessible off of I-95 or 9A exit Merrill Road WEST. The Jacksonville University entrance will be located just 4 miles down the road. Follow signs to JU Lacrosse Camp Check-in once on campus.



To reserve your spot, mail application and check to:

**MCC Sports, INC.
2220 CR 210 WEST, SUITE #108
PMB #301
SAINT JOHNS, FL 32259
(904) 347-7922**

**Make checks payable to MCC Sports, Inc.
Camps@JULacrosse.com
OR Register Online at**



TUITION AND PAYMENT

Team Only Session - Overnight \$350- Commuter \$300

Individual Session - Overnight \$475- Commuter \$375

- **REGISTER ONLINE:** Credit Card payment is available at www.JUlacrosse.com. Confirmation will be sent electronically through zappsports.com upon registering. If you do not wish to pay online, but would prefer to register your information and pay by check, you may also register online and click "pay by check" at checkout. This is convenient and immediately assures your spot in the camp. Please mail your check within one week of registering online. **Online registration is available through July 19, 2011. Required downloads: health form/information packet can be downloaded at www.JUlacrosse.com.**

A processing fee will apply to all Credit Card payments.

- **MAIL-IN PAYMENT:** Personal checks will be accepted as a mode of payment and **MUST BE RECEIVED BY MAIL BY JULY 15, 2011 (or until camp is full). After July 15, 2011, all payments must be paid in cash, certified check, or money/postal order, and hand-carried to check-in! If you receive no confirmation within 30 days, please contact the camp office. Personal checks will not be accepted after this date.** Please make checks payable to MCC Sports, INC. Do **NOT** staple check to registration form.

- **CHECK-IN & CHECK-OUT:** Check-In is 12-2 p.m. and

CAMP INFORMATION

Check-Out is 12-1 p.m. at the Dorm Quad for all sessions.

- **HEALTH FORMS:** Mail-in Payment- Health form/information packet will be sent by mail with confirmation to all registered participants upon registration. Online Payment- DOWNLOAD health form/information packet upon registration at www.JUlacrosse.com. ****Health Forms are DUE BY MAIL BY JULY 15, 2011. After July 15, 2011, forms must be hand-carried to check-in.**

PHYSICALS: All participants are required to have a physical within **ONE YEAR** of camp date. **Physician's, parent's, and player signatures are required on the JU health form.**

Additional camp brochures, applications, health forms, and camp information packets can be downloaded from the Jacksonville University Lacrosse Camp website at www.JUlacrosse.com.

INDIVIDUAL SESSION JULY 27-30, 2011

This is an open invitation to individuals of all skill levels (advanced, intermediate, or beginner). All campers will have skill instruction with players of similar ability and experience. Learn the latest skills, techniques, and concepts of the game. As well as strength and conditioning, speed training, footwork, and separate Goalie training sessions from Top College Coaches. Seminars include "How to Play at the College Level", Leadership, Nutrition, and Sports Psychology.

TEAM ONLY SESSION JULY 22-24, 2011

This is an open invitation to the first 16 teams that enroll and secure their space in camp. The intent of this camp is to prepare teams by focusing on total team improvement. Teams will be trained together and the focus will be on team fundamentals, including: tactical strategies, defensive organization, team attacking strategies, mental preparation, leadership and team performance. Each training session will include full-field tournament games, with the camp culminating in a World Cup Champion. Coaching Seminars and Team Building Seminars and Activities in the evenings.

- > Do you want to Learn Advanced Play from Top College Coaches?
- > Do you want to Develop as a TEAM with Coach McCord's TEAM FIN Building Program?
- > Do you want to Improve Your Team's Lax -IQ and Mental Toughness?

Then this is the Camp for you and your teammates!

To be eligible for the TEAM ONLY SESSION, a team must complete the enclosed Team Roster Form, all campers must complete an application form, health form, and submit payment. Teams must meet the following criteria:

1. Schools should ideally have around 15 players to compete at team camp.
2. Rosters are limited to 24 players.
3. Included in the roster must be at least 1 goalkeeper.
4. All fees for each team member must be received prior to a team's spot being secured. No team is reserved until **ALL APPLICATIONS and Registrations are received in the camp office.**
5. Schools are permitted to send more than 1 team.



TEAM ROSTER FORM (TEAM ONLY SESSION)

1. _____
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21. _____
22. _____
23. _____
24. _____

Coach/Team Contact: _____

Phone Number: _____

E-mail: _____



CAMP APPLICATION OR register online at www.JUlacrosse.com Email Us at camps@JUlacrosse.com



Check one below (do not staple registration form to check):

- Team Only Session Overnight, July 22-24 (\$355.00)
- Team Only Session Commuter, July 22-24 (\$265.00)
- Elite Individual Session Overnight, July 27-30 (\$465.00)
- Elite Individual Session Commuter, July 27-30 (\$350.00)

To register with Credit Card visit www.JUlacrosse.com

Check Number: _____

PLEASE PRINT CLEARLY

Name: _____

Street: _____

City, State: _____

Zip: _____ Phone: (____) _____

Camper E-mail: _____

Parent's E-mail: _____

Age: ___ Class '11 (please circle): 8th Fr. So. Jr. Sr. Coll.

Position: _____

School: _____

Years of Experience: Var 1 2 3 JV 1 2 3 JR. HS 1 2 3

Club Name: _____ # Yr's. Playing Club: _____

Reversible Size: SMALL / MEDIUM / LARGE/ X-LARGE

Roommate Request: _____

Health Insurance Company: _____

Ins. Co. Member No.: _____

In case of emergency, please notify:

Name: _____ Phone: _____

The undersigned, being a parent or legal guardian of this camper, understand and accept that the risk of injury is possible while playing the sport of lacrosse. I authorize the directors to act for me according to their best judgment in any emergency requiring medical attention. Anyone associated with MCC SPORTS, INC will not assume campers' medical or dental expenses incurred as a result of participation in this camp.

Parent or Guardian Signature/Date: _____

Camper Signature/Date: _____